To: New Cornell Students  
From: Student Health Services  
Re: Health Forms

The Health Center Staff welcomes you to Cornell College! We are here to support you in any way possible during your time at Cornell. If you have a special need, or require assistance with a medical problem, please contact us at (319) 895-4292, or e-mail Nancy Reasland, Director of Health Services, at nreasland@cornellcollege.edu.

The College requires that all students have a current health history, physical, and record of immunization* on file in the Student Health Services office. Students not in compliance will have their course registration cancelled for Block 2. Medical forms are strictly confidential and are used by the Health Service team to provide care. The content of your medical record has no effect on your admission status.

Please download and complete the health forms. The completed forms should be uploaded to the student’s online checklist via the student portal by July 31st. Alternately, they may be mailed to the following address. Be sure to keep a copy for your records. NOTE: The Student Health Center is closed in the summer. You will not receive immediate notification that your forms have been received. Once they are processed, your student checklist will be updated. Forms will be processed beginning August 1st.

Cornell College Student Health Services  
600 First Street SW  
Mount Vernon, Iowa, 52314

*Based on The Centers for Disease Control and the American College Health Association guidelines, Cornell College requires all enrolled students to have proof of one Meningitis Quadrivalent Vaccine (A,C,Y,W-135) on or after the student’s 16th birthday, and two MMR (measles, mumps, rubella) immunizations given at least 1 month apart. Proof of natural immunity through documentation of positive mumps, measles, rubella and meningitis serum titers may be substituted in place of vaccination documentation. No other immunizations are required for admittance; however, it is highly recommended that students receive the following vaccines: Hepatitis B, Meningitis B, HPV, Chicken Pox and TDAP. Please consult your clinician regarding these vaccines.

<table>
<thead>
<tr>
<th>Health Forms Checklist</th>
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<tbody>
<tr>
<td>☐ Health History: To be completed by the student before seeing a health care provider for a physical exam. This form will be available for you to submit on your student checklist.</td>
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<tr>
<td>☐ Physical Exam (page 1): Physicals must be current within one year prior to the beginning of the first day of class.</td>
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<td>☐ Required Immunizations (page 2-3): You are required to present documentation of:</td>
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<tr>
<td>• 2 MMR vaccines</td>
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<tr>
<td>• 1 Meningitis (Quadrivalent ACYW-135) vaccine given on or after the student’s 16th birthday</td>
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Students without documentation of MMR and Meningitis immune status will have their registration cancelled!

☐ Medical Insurance (page 4): Please verify that your insurance covers you while at college, especially if you are from out of state. Be sure to copy the front and back of your insurance card on page 4 of the forms and make a copy for yourself to carry as well. If you do not currently have insurance, we encourage you to check out Healthcare.gov for insurance rates through the Marketplace or look into private coverage.

To consider: The Meningitis B vaccine is also strongly recommended for all college students. This vaccine is different from the required ACYW-135 vaccine. Please discuss meningitis vaccination with your health care provider at the time of your physical. More information about this potentially fatal disease and how to prevent it can be found at https://www.cdc.gov/meningococcal/.

Please return forms by July 31st. Forms will be processed beginning Aug. 1st.
I have copied the front and back of my insurance card on this page. (I understand I should obtain and carry a copy of my card with me.)

I currently do not have health insurance. (Please go to https://www.healthcare.gov/ for more information on health insurance and coverage options. Insurance is strongly encouraged.)

Insurance information: It is strongly recommended that each student has health insurance that covers them in Mt. Vernon, Iowa. Cornell College does not offer an insurance policy for domestic students. The Affordable Care Act allows students to stay on their parents’ policy through age 26. Please check with your carrier to make sure you have coverage while away from home, especially if you are from out of state. Specific arrangements may need to be made with your company to establish out-of-area coverage. All students should carry a copy of their own insurance card! Contact your carrier if an additional card is needed.

Copy front and back of insurance card here. Students should carry a copy of their card with them!